## **Overhead Tricep Extensions**

Written by Christin Wednesday, 11 January 2017 11:27 - Last Updated Friday, 21 April 2017 17:54

sorry, translation is coming soon

Overhead Tricep Extensions: <a href="https://www.youtube.com/watch?v=fhX-ph3l9K8">https://www.youtube.com/watch?v=fhX-ph3l9K8</a>

Tricep Extensions: <a href="https://www.youtube.com/watch?v=fhX-ph3l9K8">https://www.youtube.com/watch?v=fhX-ph3l9K8</a>